

# INTRODUCTION

- Recently, the Diagnostic and Statistical Manual of Mental Disorders (DSM-5, 2013) has amended their information regarding the diagnosis of a Learning Disability (LD).
- Students' perception of their own disability can impact their self-concept/self-efficacy in an education setting (Denhart, 2008).
- Therefore, the purpose of this study was to examine: (a) how students perceive their own diagnosis of LD and (b) their causal attributions for their school performance (based on the perceived severity of their LD).

# METHOD

- 52 high school students who self-identified as having a LD completed our questionnaire.
- Students responded to:
  - "What does it mean TO YOU to have a *learning disability?"* (free response)
  - The Multidimensional-Multiattributional Causality Scale (MMSC; Lefcourt, et. al., 1979), with subscales: ability, effort, context and luck (scale: 0 = disagree to 4 = agree).
  - "How would you rate the severity of your *LD*?" (scale: 1= very mild to 7= very severe).

# RESULTS

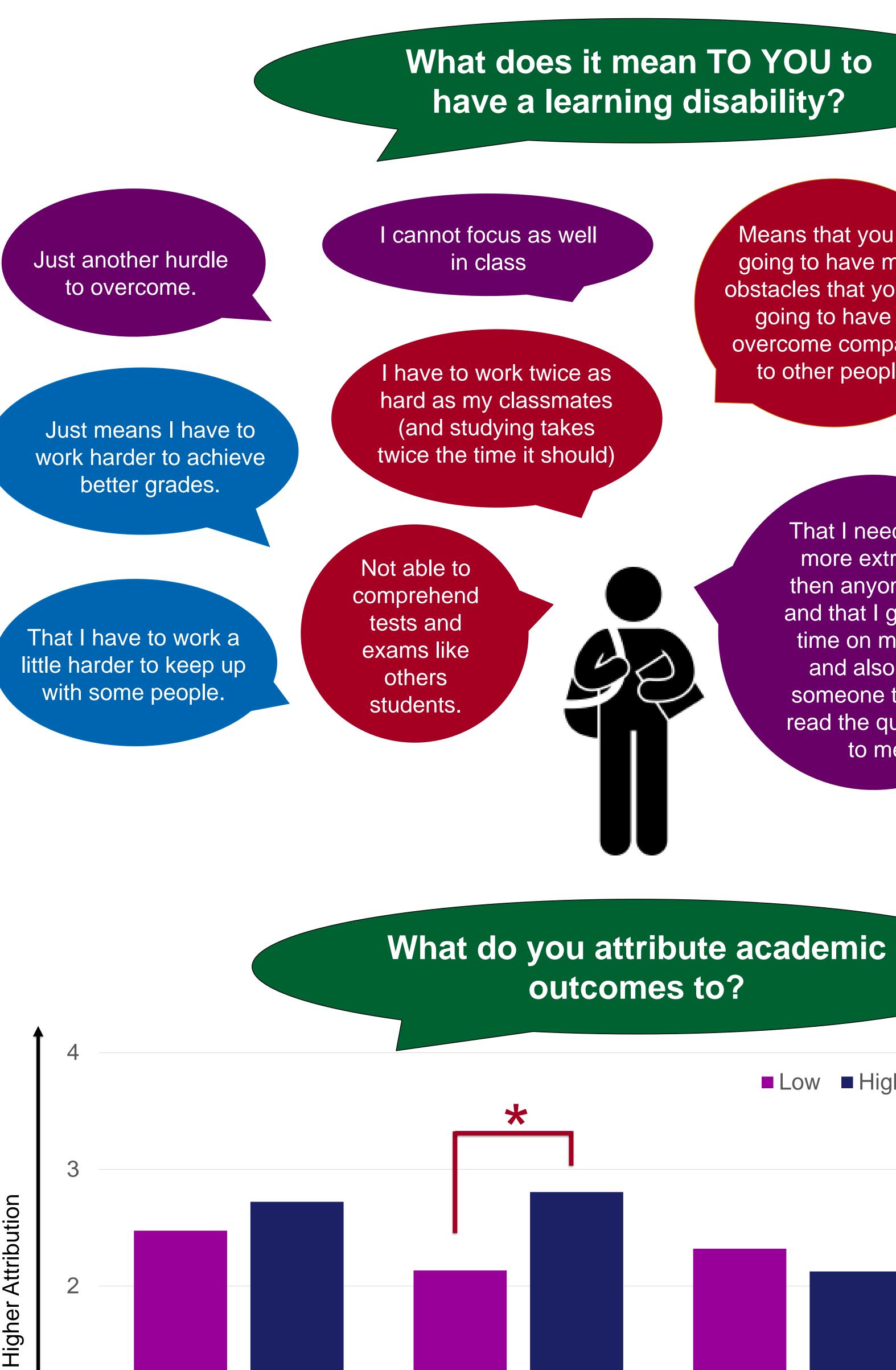
- Sample: 29 males, 19 females & 4 unidentified.
- The mean rating for severity of LD was 3.54.
- Low severity group  $\leq 3$  (n = 25), and high severity group  $\geq 4$  (n = 24).

### FREE RESPONSE RESULTS:

- Students' free responses were open-coded. General themes that emerged: (1) having to try harder, (2) identifying challenges experienced & (3) comparison to others.
  - No differences between low & high groups.

# "I just have to try harder:" Examining students with LD's Self-Perceptions Lauren D. Goegan, Gabrielle N. Pelletier & Lia M. Daniels

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Social Sciences and Humanities **Research Council of Canada** 

Ability

Conseil de recherches en sciences humaines du Canada

Effort



Means that you are going to have more obstacles that you are going to have to overcome compared to other people.

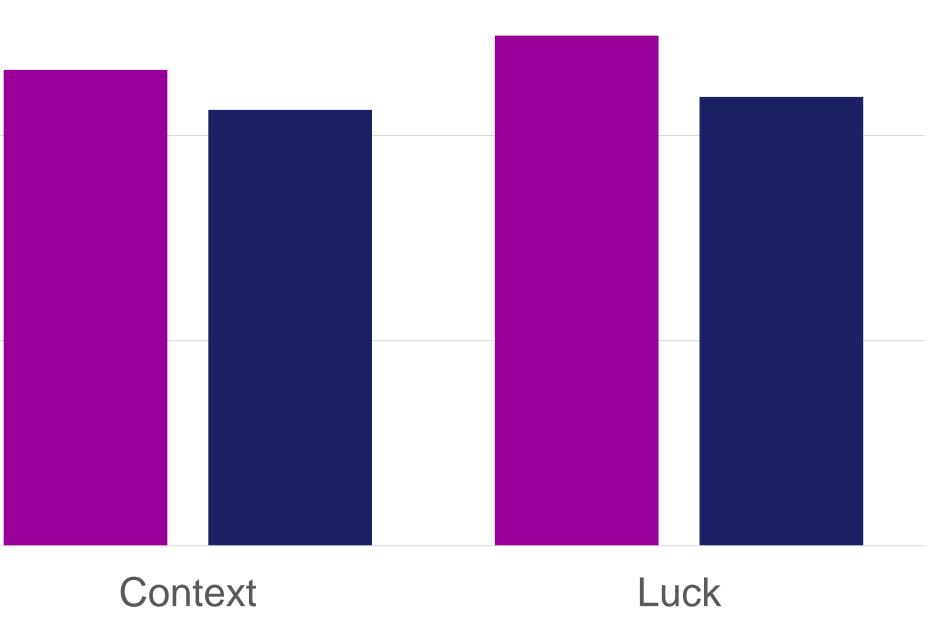
One bump in my path that i just have to work harder.

Having a learning disability means I have to work extra hard to get good grades.

That I need a little more extra help then anyone else, and that I get more time on my tests and also have someone there to read the questions to me.

It means things are harder for me than others.

■Low ■High









# RESULTS

### **BETWEEN GROUPS COMPARISIONS**

Means on MMCS subscales were compared between the **low** and **high** severity groups. Students in the high group were more likely to attribute effort to academic outcomes than students in the low group, t(47) = 2.68, p = .01.

### WITHIN GROUP COMPARISONS

No differences on the subscales for those who identified with **low** severity (p < .05). The **high** group rated internal attributes (effort

& ability) higher than external factors (context & luck; *p* ranged from .01 to .004).

## **CONCLUSION / IMPACT**

 Our results are consistent with the prevalent understanding of LD: individuals with LD require high levels of effort and support to achieve similarly to their peers (LDAC, 2015). According to attribution theory (Weiner, 2014), students' internal attribution of effort can increase self-esteem when linked to success. Ability causation when failure occurs can lead to feelings of helplessness, which can negatively impact future performance. Understanding students' causal attributions is

important for supporting future learning.

# REFERENCES

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